

## **Pediatric/Adolescent Sleep Related Breathing Disorders Questionnaire**

**Please check all that apply to the patient**

- Moody or hyperactive after a good night's sleep
- Has difficulty paying attention
- Is sleepy during the day
- Heavy or loud breathing
- Breathes through his/her mouth during the day
- Wakes up with a dry mouth
- Wakes up with headaches
- Grinds his/her teeth while sleeping
- Snores while sleeping
- Gasps for air or stops breathing while sleeping
- Doesn't sleep soundly
- Sleeps with chin thrust upward or on stomach or in weird positions
- Frequently wets the bed
- Overweight
- Has large adenoids/tonsils

Patient name and date: \_\_\_\_\_

Signature of person completing the questionnaire: \_\_\_\_\_