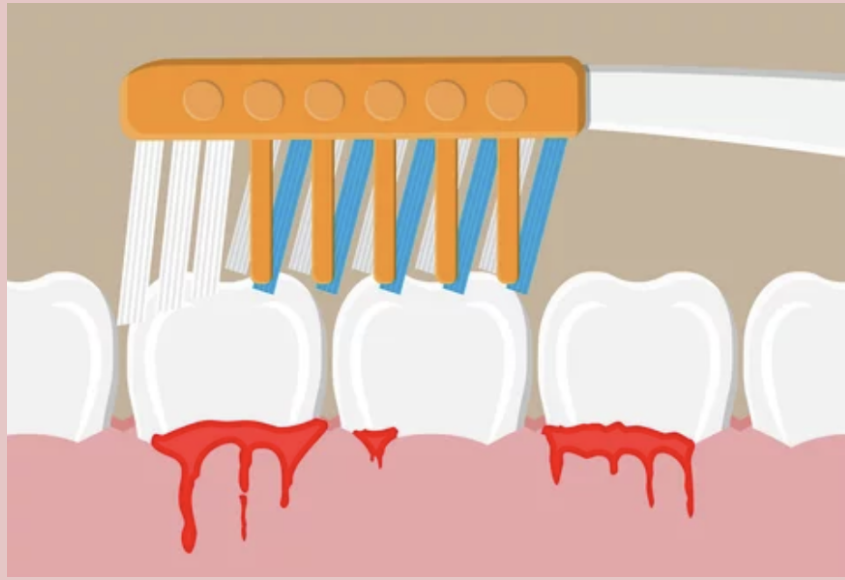


COMMON DENTAL CONCERNS

BLEEDING GUMS

Bleeding gums are often a direct result of plaque build up. Plaque is full of germs and bacteria that attack the healthy soft tissue in your gums. When gums have plaque invading it can begin to harden and the bacteria will begin to attack them. Visiting ones dentist for regular scheduled cleanings is a good way to minimize plaque buildup and bleeding gums.



DISCOLORED TEETH

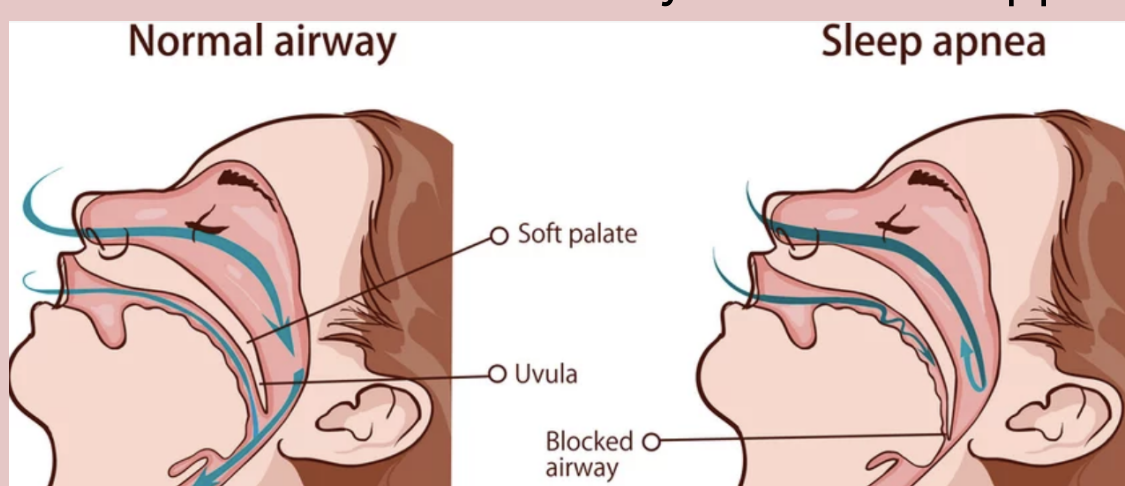
In some cases discolored teeth can just be a cosmetic issue. If teeth that are discolored have a dark or dull tone, this is a sign that they may be infected with cavities. Cavities can turn into gum disease if left untreated. Gum disease may cause a variety of oral health and systemic issues. Your dentist is able to easily address discolored teeth to prevent future issues.



SLEEP APNEA

Sleep apnea is a condition that causes patients to sleep with their mouth open. Your nose filters the air and bacteria that comes through, but your mouth does not. Mouth breathing lets in bacteria from the air you breath at night, which can lead to plaque buildup, periodontal disease, restless sleep and mouth sores.

Dentists may use an oral appliance to treat sleep apnea.



MISSING TEETH

The American College of Prosthetics writes that there are three leading causes of missing teeth; genetic, tooth decay, periodontal disease. Your dentists will recommend prompt tooth replacement replaced if you are missing any. *If left untreated, missing teeth can cause your entire bite to shift, jaw bone loss, and premature facial sagging.

